

**Subject: Invitation to participate in our ACTIVE WEAR DAY!**

Dear colleagues,

[INSERT COMPANY NAME] invites you to come to work wearing sportswear or outerwear on [INSERT DATE], and maybe even participate in a sporting activity, in exchange for a donation.

It’s a chance to make physical activity part of your work day while also supporting [FitSpirit](https://www.fitspirit.ca/), an organization that helps teenage girls to be physically active throughout their lives.

For more details or to participate in our ACTIVE WEAR DAY:  
[INSERT DETAILS]

[INSERT SIGNATURE]